

**United Way of Mid Coast Maine Survey
December 6, 2022**

United Way of Mid Coast Maine's mission is *to improve people's lives by mobilizing the caring power of our communities*. Thank you for filling out this brief survey, which will help us understand more deeply the thoughts of people who live or work in Mid Coast Maine about what is most important to improve life here.

This survey is part of our strategic planning for the future. For context, our priorities in recent years have been: the best start in life for children; healthier, more connected lives; and improved financial stability. Our values are: community, compassion, belonging, and action.

Please complete the survey by Friday, December 23. The survey should take no more than 10-15 minutes to complete.

NOTE: if you complete this survey and choose the option of sharing your contact information at the end, **you will be entered into a drawing to win a \$100 Hannaford Gift card** (five will be awarded)! Your personal information will not be connected in any way to the survey results or used for any purpose other than the drawing. All individual data will be held with confidentiality.

Thank you very much for sharing your thoughts and opinions with us!

1. How stressed do you think people are in our community (on a scale from least stressed to most stressed)?
2. How stressed are you personally (on a scale from least stressed to most stressed)?
3. What in your opinion is causing the most stress on you or other people in your community? Please choose what you see as the top 5 stressors impacting you, your family, or others.

Addiction/Substance abuse
Child care availability or cost
Chronic illness or disability
Climate change
Discrimination
Family instability/divorce/separation
Family responsibilities
Employment stress
Employment, lack of
Food insecurity
Harassment or bullying
Health care (physical) access or cost
Health care (mental) access or cost
Housing heating/upkeep/modification costs
Homelessness
Income not enough
Isolation or lack of connections/friendships
School stress
Time not enough for work/school, family, and community/friends
Transportation – cost or access
World or National issues/conflicts

Other (please specify)

4. The following issues that have been highlighted in community forums as top priorities by some residents of our region. How would you prioritize the following issues? What is important to address *now* in order to have a better future 10 years from now? (Please rank the below issues according to how you would prioritize them, with your top concern being #1, second being #2, and so on.)

- Young children – lack of time with parents or in quality child care
- Youth mental health and other challenges
- Insufficient Income
- Affordable housing
- Stress of Working Long or Uncertain Hours
- Adult mental health and substance use
- Aging Population's needs
- Isolation/lack of connection
- Other: _____

5. Which of the above issues, if addressed, might have a positive ripple effect or impact on other issues? In other words, what do you see as the root causes, or most fundamental issues that need to be addressed first? [Repeat the list from question 7. Please choose no more than three top issues.]

6. How connected and supported are people in our community (from least connected/supported to most connected/supported)?

7. How much control do you think people feel they have over their lives? (from least amount of control to most amount of control)?

8. Do you agree or disagree that in your community you feel like you matter to people?
Strongly Agree, Agree, Neither Agree Nor Disagree, Disagree, Strongly Disagree

9. What is one thing that could be available in the community that could make the most positive difference in your or your family's life?

10. What three words would you like to use to describe your community in the future?

11. Are there children in your household?

- No
- Yes

If yes, what are their ages?

- 0-5 years
- 6-11 years
- 12-18 years

12. How would you best describe your involvement with the United Way of Mid Coast Maine? (Please choose all that apply.)

- I or my family have used a United Way–funded program in the past two years
- I am a United Way donor
- I have volunteered or worked for United Way or a United Way–funded partner
- None of the above
- Other (please specify)

13. Any other comments you would like to share?

These final questions are optional and like the rest of this survey, all responses are aggregated, and your specific information is anonymous. The below data is helpful as we collect more about the demographics of our community and those we serve. Please answer these questions if you are comfortable sharing this information, but you can also skip them if you prefer.

14. What is your age? [drop down menu]

- Under 18
- 18-24
- 25-34
- 35-44
- 45-54
- 55-64
- 65-74
- 75 or older
- Would prefer not to say

15. How do you identify your gender?

- Man
- Woman
- Non-binary
- Prefer to self-describe _____
- Prefer not to say

16. What is your ethnicity? (Check one)

- African American/Black
- American Indian/Alaska Native
- Asian
- Caucasian/White
- Hispanic or Latino
- Native Hawaiian or Pacific Islander
- Two or More Races
- Would Prefer Not to Say

17. What was your approximate household income in 2022?

- \$24,999 and under
- \$25,000-\$34,999
- \$35,000-\$49,999
- \$50,000-\$74,999
- \$75,000-\$99,999
- \$100,000-\$149,999
- \$150,000 or over
- I don't know
- Would prefer not to say

18. Would you like to be entered in a drawing to win a \$100 Hannaford gift card (5 will be awarded)?
Please share your name, telephone number, and email address so we can contact you. Your information will not be connected in any way to the survey results or used for any purpose other than this special drawing. All individual data will be held with confidentiality.

Yes No

If yes, enter your contact information here:

Name

Phone

Email

Thank you for your participation!

Completed Surveys:

Please contact our office at 207-443-9752 to arrange pickup of multiple surveys.

You can also mail or drop off completed surveys to:

United Way of Mid Coast Maine

34 Wing Farm Pkwy, #201

Bath, Maine 04530